Bedroom

DECLUTTERING CHECKLIST

101 things you can let go of · one group at a time · tiny progress adds up

Furniture & Decor — 14 ITEMS

- [ ] Unused poufs or stools
- [ ] Old or faded bed sheets
- [ ] Extra pillow covers
- [ ] Extra cushion covers
- [ ] Extra decorative pillows
- [ ] Never-used bed runners
- [ ] Rolled-up rugs
- [ ] Faded curtains
- [ ] Curtain ties you don't use
- [ ] Broken bedside lamps
- [ ] Unlit candles
- [ ] Vases you don't love
- [ ] Broken clocks
- [ ] Wall art you no longer like

Beauty & Personal Care — 12 ITEMS

- [ ] Expired lotions and creams
- [ ] Expired sunscreen
- [ ] Unused cosmetics
- [ ] Extra makeup brushes
- [ ] Free hotel kits
- [ ] Free cosmetic samples
- [ ] Broken jewelry
- [ ] Lone earrings
- [ ] Dried nail polish
- [ ] Face packs never used
- [ ] Empty perfume bottles
- [ ] Broken hair tools

Clothes & Accessories — 26 ITEMS

- [ ] Clothes that don't fit
- [ ] Items unworn for 2+ seasons
- [ ] Pilled woolens
- [ ] Clothes waiting for alterations
- [ ] Torn scarves
- [ ] Torn or extra caps and hats
- [ ] Holey socks
- [ ] Worn gloves
- [ ] Torn towels
- [ ] Old handkerchiefs
- [ ] Impulse nightwear
- [ ] Unused workout clothes
- [ ] Expensive but unworn outfits
- [ ] Pandemic office clothes
- [ ] Stained dresses
- [ ] Excess undergarments
- [ ] Gifted clothes you don't like
- [ ] Broken wardrobe organizers
- [ ] Old or scratched sunglasses
- [ ] Outdated belts
- [ ] Uncomfortable shoes
- [ ] Broken or outgrown footwear
- [ ] Worn-out wallets and purses
- [ ] Old swimwear
- [ ] Mismatched and wire hangers
- [ ] One-time party or costume outfits

Bedroom

DECLUTTERING CHECKLIST · PART 2

Kids' Items — 7 ITEMS

- [ ] Broken or unloved toys
- [ ] Puzzles missing pieces
- [ ] Old stuffed animals
- [ ] Plastic Happy Meal toys
- [ ] Friendship bands and stickers
- [ ] Outgrown sports gear
- [ ] Broken instruments

Books, Papers & Stationery — 7 ITEMS

- [ ] Books you won't read
- [ ] Old school or college projects
- [ ] Past textbooks
- [ ] Dried markers and crayons
- [ ] Broken stationery
- [ ] Flyers and brochures
- [ ] Old magazines and newspapers

Electronics & Gadgets — 10 ITEMS

- [ ] Broken electronics
- [ ] Old DVD player or monitor
- [ ] Outdated gaming consoles
- [ ] Old mobile phones
- [ ] Extra styluses or keyboards
- [ ] Extra chargers and cables
- [ ] Expired batteries
- [ ] Unused CDs and DVDs
- [ ] Broken watches
- [ ] Old USB drives (after backup)

Miscellaneous — 19 ITEMS

- [ ] Broken decor
- [ ] Duplicate gifts
- [ ] Hobby supplies never used
- [ ] Old greeting cards
- [ ] Unused exercise gear
- [ ] Never-used yoga mats
- [ ] Old water bottles
- [ ] Remotes for things you no longer own
- [ ] Broken extension cords
- [ ] Burnt-out light bulbs
- [ ] Expired gift cards
- [ ] Expired coupons
- [ ] Snack wrappers
- [ ] Dried flowers past their best
- [ ] Seasonal items long forgotten
- [ ] Old phone cases
- [ ] Old receipts and paid bills
- [ ] Broken picture frames
- [ ] Expired medicines (pharmacy take-back)

Storage & Organizers — 6 ITEMS

- [ ] Broken bins or organizers
- [ ] Extra bags or pouches
- [ ] Unused backpacks and handbags
- [ ] Extra racks or shelving
- [ ] Unused luggage
- [ ] Empty delivery boxes

My plan

I'll start on _____ I'll finish by _____ Donation drop-off _____

Not sure about something? Put it in a "maybe" box, date it, and donate it unopened after 30 days.